

# 3rd Wise Woman Weekend

*a time for you*

"Goddesses are women in the neighbourhood getting together and sharing"

**May 25th-27th, 2007**  
**Dromahair, Co. Leitrim**  
**Ireland**

**A weekend of learning, discovery, celebration and fun.**

- Friday evening welcoming celebration
- Diverse selection of workshops
- Pick & Mix Activities
- Wild Woman Open Mic Social
- Talk on "Clearing Your Path" with Judith Hoad
- Closing Bealtaine Ritual with Dolores Whelan.
- Speaker's Corner & Sisterspace
- Junk to Treasures swap shop
- Market and Mini treatments
- Art Exhibit

For full details:

Log onto [www.wisewomanireland.com](http://www.wisewomanireland.com)

Tel: 071 964 3963 or 087 906 1612

Email: [info@wisewomanireland.com](mailto:info@wisewomanireland.com)

© "Sunbathing in Leitrim"  
Sculpture by Leitrim artist Martina Walker

printed on recycled paper

## Workshops to choose from

### Saturday (choose one)

- A Journey with Clay** - shaping clay by hand
- Come Drum with the Sistas** - share your inner beat
- Recovering the Art of Ritual** - Mythology, Methods & Magic of creating sacred space
- What's that you said** - Take ownership of what you say and how you say it
- Playful Goddess** - A chance for your spontaneous childlike freedom, to bubble up and give form to the vibrant passions within
- Singing from the Core** - learn confidence building vocal techniques and awaken your body and spirit through the transformative vibrations of world chants

## Sunday Morning (choose one)

- Fairytales** - using drama and movement encounter the characters that inhabit your inner space
- New Cosmology** - new insights into the story of the universe and a nourishing spirituality
- Creative Writing** - experience the writing process
- Shamanism** - introduces shamanic skills to help us explore an earth based spiritual path
- Crystal Wand Making** - make your own healing wand and learn how to use it
- The Woman's Way to Wealth : Stepping Stones** - how you relate to money effects your personal growth and fulfilment

Workshops are expected to fill up fast so book today to avoid disappointment. Please indicate your selected workshops.

# Come join the gathering of Celtic Goddesses May 25th - 27th, 2007 in the Northwest of Ireland.

This is a time for you – a chance to rest and rejuvenate, to explore and learn, to be received and affirmed, to become energised and transformed.

We will celebrate the ancient wisdom, explore our creativity, honour our self and each other and have fun.

The magic of the weekend is in sharing our experiences and knowledge and realising we are not alone.

## Location

St Angela's College, located 6 miles from Sligo, on the shore of Lough Gill. Convenient for bus, rail, and air transportation and the international airport at Knock is only an hour away.



## Programme

### Friday

The weekend begins Friday evening at 6 pm with registration & a welcoming celebration.

Setting the energy for the weekend sacred space is created through sage cleansing, dance, music and ritual.

Invoking the tradition of women in all cultures, we ask that you bring a cold food dish to share with the community of women for the Friday night gathering.

Bring along something small to tie to the wishing tree and a jam jar with a tea light for the ritual.

If you have items you are ready to release, bring them along for the Junk to Treasures Swap Shop.

### Saturday

Mornings begin with Greetings to the Day at 9:30 am.

Saturday morning workshops run from 10 am – 1 pm. After lunch you can choose from the Pick & Mix activities. The activities are staggered throughout the afternoon so you can be as busy or relaxed as you choose on the day.

Included in the Pick & Mix are guided nature walks, yoga, meditation, Egyptian dance, pilates, market & mini treatments, swap shop, speaker's corner – a place to share your knowledge, and sisterspace – to discuss and exchange ideas.

Saturday night we will have a meal at 8 pm followed by The Wild Woman Open Mic Social. Come prepared to share your gifts of song, music, and dance – a supportive audience and lots of fun guaranteed.

### Sunday

The morning workshops start at 10 am and run for three hours.

After lunch Judith Hoad will give a talk on 'Clearing Your Path'. An elder in the community, Judith is the embodiment of a Wise Woman – not afraid to give voice to inherent truth.

We complete the weekend with a Bealtaine Ritual led by Dolores Whelan. Bealtaine marks the transition from darkness into light in the Celtic Calendar. It is a time to focus on the gifts we wish to bring into the world at this time.

On exhibit throughout the weekend will be the works of local female artists.

## Our Ethos

The Wise Woman Weekend is organised using sustainable principles by volunteer energy. Where possible we source organic, local, and environmentally friendly goods and services.

## Cost of the Weekend

Weekend pass € 140  
Saturday pass € 90

To help ensure cost is not a barrier to attendance, we offer a limited number of concessions and work exchanges. Email us for details.

To reduce administration costs we ask that you pay the full amount at time of booking. If this is not possible, please contact us for other arrangements.

Cancellations up to May 14th, 2007 will be refunded less a €25.00 administration fee.

## Food

Saturday and Sunday lunch and the Saturday evening meal will be provided by St Angela's College. A vegetarian and organic option will be available. The service is cafeteria style and you pay as you go. Prices are very reasonable.

## Accommodation

Please refer to our website for recommended accommodation or call 071 964 3963 or 087 906 1612. We aim to provide options from camping to castles.

Visit [www.wisewomanireland.com](http://www.wisewomanireland.com) for all the details: including car pool, facilitator's biography, workshop description, pick & mix activities, directions, maps, celebrations, updates, work exchange programme, accommodation, on line booking and payment and much more.

Email: [info@wisewomanireland.com](mailto:info@wisewomanireland.com)  
Tel: 071 964 3963  
or 087 906 1612

## Registration Form (Please print clearly)

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Telephone \_\_\_\_\_

Weekend pass €140       Saturday only € 90

Reminder – please select your morning workshops. Saturday afternoon pick and mix can be decided at the weekend. We will confirm your booking (preferably by email or text). Book early to avoid disappointment.

# 3rd Wise Woman Weekend

*a time for you*

Make cheque or money order payable to:

Wise Woman Weekend  
c/o Passport Breifne  
Dowra, Co Leitrim, Ireland

You can also book and pay on line at  
[www.wisewomanireland.com](http://www.wisewomanireland.com)